

NOVA SCOTIA LONG COURSE PROVINCIAL RECORDS as of May 8, 2024

Sex	Age	Stroke	Distance	NS Record	Name	Club	Date (Y-M-D)
F	18-24	FREE	50	00:28.94	Molly Wedge	DALM	2016-03-05
F	18-24	FREE	100	01:04.67	Molly Wedge	DALM	2016-03-05
F	18-24	FREE	200	02:29.53	Molly Wedge	DALM	2016-03-05
F	18-24	FREE	400	05:40.92	Victoria Chandler	DALM	2016-03-05
F	18-24	FREE	800	11:36.41	Allison Gumham	HMSC	2007-02-20
F	18-24	FREE	1500	23:33.75	Rebekah Boscariol	DALM	2016-03-05
F	18-24	BACK	50	00:36.44	Jeanne Tremblay	CGD	2013-03-23
F	18-24	BACK	100	01:17.46	Jeanne Tremblay	CGD	2013-03-23
F	18-24	BACK	200	02:41.54	Jeanne Tremblay	CGD	2013-03-23
F	18-24	BREAST	50	00:43.24	Carmen Fitzpatrick	HCGC	2014-02-22
F	18-24	BREAST	100	01:35.31	Carmen Fitzpatrick	HCGC	2014-02-22
F	18-24	BREAST	200	03:27.40	Victoria Chandler	DALM	2016-03-05
F	18-24	FLY	50	00:32.00	Molly Wedge	DALM	2016-03-05
F	18-24	FLY	100	01:28.53	Christine Smith	HMSC	2008-03-08
F	18-24	FLY	200	03:38.07	Shaelyn Garnier	STFX	2017-03-25
F	18-24	IM	100				
F	18-24	IM	200	02:58.40	Allison Gumham	HMSC	2007-02-20
F	18-24	IM	400	06:43.59	Cora Johnson	HCGC	2023-03-18
F	25-29	FREE	50	00:28.70	Cassandra Jones	HALT	2019-03-30
F	25-29	FREE	100	1:02.71	Cassandra Jones	HALT	2019-03-30
F	25-29	FREE	200	02:26.01	Erin McDuffie	HALT	2019-03-30
F	25-29	FREE	400	05:03.10	Erin McDuffie	HALT	2019-03-30
F	25-29	FREE	800	11:44.88	Melissa Kemp	SACK	2018-03-03
F	25-29	FREE	1500	22:44.14	Clare Warran	HMSC	2006-02-25
F	25-29	BACK	50	00:36.06	Cassandra Jones	HCGC	2016-03-05
F	25-29	BACK	100	01:12.77	Cassandra Jones	HALT	2019-03-30
F	25-29	BACK	200	02:36.13	Cassandra Jones	HALT	2019-03-30
F	25-29	BREAST	50	00:43.76	Mattea LeBlanc	LADC	2024-03-09
F	25-29	BREAST	100	01:26.38	Amy Woodworth	HMSC	2005-03-12
F	25-29	BREAST	200	03:31.53	Katie Blasco	HMSC	2006-02-25
F	25-29	FLY	50	00:33.00	Holly Wright	TRU	2017-03-25
F	25-29	FLY	100	1:14.44	Holly Wright	TRU	2017-08-17
F	25-29	FLY	200	02:40.27	Stephanie Dennis	CFAST	2014-02-22
F	25-29	IM	100				
F	25-29	IM	200	02:43.52	Amy Woodworth	HMSC	2005-03-12
F	25-29	IM	400	06:37.43	Melissa Hilchey	SACK	2015-02-21
F	30-34	FREE	50	00:29.61	Anneya Golob	HALT	2017-03-25
F	30-34	FREE	100	01:06.84	Amira Tawashy	DALM	2014-06-07
F	30-34	FREE	200	02:30.04	Amira Tawashy	DALM	2014-06-07
F	30-34	FREE	400	05:14.66	Amy Woodworth	HMSC	2007-02-20
F	30-34	FREE	800	10:46.03	Paige Crowell	HTAC	2023-03-18
F	30-34	FREE	1500	24:51.43	Josee Bourgeois	HALT	2018-03-03
F	30-34	BACK	50	00:35.78	Rebecca Kharitonova	HALT	2017-03-25
F	30-34	BACK	100	01:23.96	Kylie Mosher	HMSC	2012-02-18
F	30-34	BACK	200	2:56.10	Rebecca Kharitonova	HALT	2017-03-25
F	30-34	BREAST	50	34.35	Keisha Mills	HTAC	2023-08-11
F	30-34	BREAST	100	1:14.37	Keisha Mills	HTAC	2023-08-06
F	30-34	BREAST	200	2:46.00	Keisha Mills	HTAC	2023-08-10
F	30-34	FLY	50	00:32.57	Rebecca Kharitonova	HALT	2017-03-25
F	30-34	FLY	100	01:18.13	Melissa Hilchey	SACK	2019-03-30
F	30-34	FLY	200	02:57.66	Melissa Hilchey	SACK	2019-03-30
F	30-34	IM	100				
F	30-34	IM	200	02:59.53	Barbara Sochanski	Unatt	2008-03-08

F	30-34	IM	400	06:26.01	Melissa Hilchey	SACK	2019-03-30
F	35-39	FREE	50	00:31.43	Devon Peavoy	HALT	2014-08-06
F	35-39	FREE	100	01:07.46	Devon Peavoy	HALT	2014-08-04
F	35-39	FREE	200	02:30.65	Devon Peavoy	HALT	2014-08-05
F	35-39	FREE	400	05:50.48	Melissa Hilchey	UNMNS	2024-03-09
F	35-39	FREE	800	11:18.79	Devon Peavoy	HALT	2014-08-03
F	35-39	FREE	1500	21:40.85	Andrea Burris	TRU	2019-03-30
F	35-39	BACK	50	00:39.70	Kylie Mosher	HALT	2014-02-22
F	35-39	BACK	100	01:43.84	Wendy Shulman	DWMS	2012-02-18
F	35-39	BACK	200	03:22.75	Kylie Mosher	HALT	2014-02-22
F	35-39	BREAST	50	42.31	Meghan Colvin-Daley	CBAC	2023-03-18
F	35-39	BREAST	100	1:32.18	Meghan Colvin-Daley	CBAC	2023-03-18
F	35-39	BREAST	200	3:19.66	Meghan Colvin-Daley	CBAC	2023-03-18
F	35-39	FLY	50	00:35.11	Melissa Hilchey	UNMNS	2024-03-09
F	35-39	FLY	100	01:18.61	Melissa Hilchey	UNMNS	2024-03-09
F	35-39	FLY	200	3:32.03	Josee Bourgeois	HTAC	2023-03-18
F	35-39	IM	100	00:00.00			
F	35-39	IM	200	03:09.13	Melissa Hilchey	UNMNS	2024-03-09
F	35-39	IM	400	07:02.89	Josee Bourgeois	HALT	2019-03-30
F	40-44	FREE	50	00:33.17	Alicia Daley	HALT	2014-02-22
F	40-44	FREE	100	01:17.25	Alicia Daley	HALT	2014-08-04
F	40-44	FREE	200	02:48.91	Sara Earle	SACK	2014-06-07
F	40-44	FREE	400	05:52.14	Sara Earle	SACK	2014-06-07
F	40-44	FREE	800	12:28.54	Patricia Grant	HMSC	2008-03-08
F	40-44	FREE	1500	24:40.00	Diana Smith	HMSC	2006-02-25
F	40-44	BACK	50	00:38.69	Julie Weigel	DALM	2009-03-07
F	40-44	BACK	100	01:25.83	Julie Weigel	DALM	2009-03-07
F	40-44	BACK	200	03:05.08	Patricia Grant	HMSC	2009-03-07
F	40-44	BREAST	50	00:43.08	Theresa Halliday	HCGC	2014-08-06
F	40-44	BREAST	100	01:33.85	Theresa Halliday	HCGC	2014-08-05
F	40-44	BREAST	200	03:26.74	Theresa Halliday	HCGC	2014-08-10
F	40-44	FLY	50	00:36.91	Alicia Daley	HALT	2013-03-23
F	40-44	FLY	100	01:32.53	Patricia Grant	HMSC	2009-03-07
F	40-44	FLY	200	03:24.07	Patricia Grant	HMSC	2009-03-07
F	40-44	IM	100	00:00.00			
F	40-44	IM	200	03:05.97	Theresa Halliday	HCGC	2014-08-06
F	40-44	IM	400	06:47.30	Patricia Grant	HMSC	2008-03-08
F	45-49	FREE	50	00:31.95	Jennifer Nearing	Dart	2005-03-12
F	45-49	FREE	100	01:14.57	Jennifer Nearing	Dart	2006-08-08
F	45-49	FREE	200	02:48.19	Andrea Lynn-Young	HCGC	2014-08-03
F	45-49	FREE	400	05:45.87	Andrea Lynn-Young	HCGC	2014-08-03
F	45-49	FREE	800	11:36.74	Andrea Lynn-Young	HCGC	2014-08-03
F	45-49	FREE	1500	24:17.91	Patricia Grant	HMSC	2011-02-19
F	45-49	BACK	50	42.00	Kim Stade	HALT	2018-03-03
F	45-49	BACK	100	01:29.60	Patricia Grant	HMSC	2011-02-19
F	45-49	BACK	200	03:13.37	Marcy Daniels	UNMNS	2014-08-04
F	45-49	BREAST	50	00:41.74	Jennifer Nearing	Dart	2006-08-08
F	45-49	BREAST	100	01:33.53	Jennifer Nearing	Dart	2006-08-08
F	45-49	BREAST	200	03:46.83	Patricia Grant	HMSC	2011-02-19
F	45-49	FLY	50	00:35.75	Jennifer Nearing	Dart	2006-08-08
F	45-49	FLY	100	01:33.55	Kim Stade	HALT	2019-03-30
F	45-49	FLY	200	03:39.56	Patricia Grant	HALT	2013-03-23
F	45-49	IM	100	00:00.00			
F	45-49	IM	200	03:11.32	Patricia Grant	HMSC	2011-02-19
F	45-49	IM	400	07:02.73	Patricia Grant	HALT	2014-02-22

F	50-54	FREE	50	31.74	Keitha Robert	HTAC	2023-03-18
F	50-54	FREE	100	01:14.21	Louise Stirrett	DWMS	2014-08-04
F	50-54	FREE	200	02:42.65	Louise Stirrett	DWMS	2014-08-05
F	50-54	FREE	400	05:47.90	Louise Stirrett	DWMS	2014-08-09
F	50-54	FREE	800	11:41.21	Bobby Lou Reardon	UNATT	2014-02-22
F	50-54	FREE	1500	22:36.29	Linda Rodie	HCGC	2016-03-05
F	50-54	BACK	50	35.53	Keitha Robert	HTAC	2023-03-28
F	50-54	BACK	100	01:23.68	Bobby Lou Reardon	UNATT	2014-02-22
F	50-54	BACK	200	02:51.89	Keitha Robert	HTAC	2023-03-18
F	50-54	BREAST	50	00:44.12	Jennifer Nearing	Dart	2008-03-08
F	50-54	BREAST	100	01:23.81	Bobby Lou Reardon	YAR	2013-03-23
F	50-54	BREAST	200	03:44.89	Patricia Grant	HALT	2017-03-25
F	50-54	FLY	50	00:35.44	Bobby Lou Reardon	YAR	2013-03-23
F	50-54	FLY	100	1:23.10	Keitha Robert	HTAC	2023-03-18
F	50-54	FLY	200	00:00.00			
F	50-54	IM	100	00:00.00			
F	50-54	IM	200	03:00.38	Bobby Lou Reardon	YAR	2013-03-23
F	50-54	IM	400	07:05.11	Patricia Grant	HALT	2015-02-21
F	55-59	FREE	50	00:34.52	Helena Piccinini-Vallis	HCGC	2017-03-25
F	55-59	FREE	100	01:13.91	Elaine Mattatall	DWMS	2014-08-04
F	55-59	FREE	200	02:43.61	Elaine Mattatall	DWMS	2014-08-05
F	55-59	FREE	400	06:04.54	Colleen Purcell	CGCSA	2024-03-09
F	55-59	FREE	800	11:55.00	Elaine Mattatall	DWMS	2014-08-03
F	55-59	FREE	1500	23:57.40	Louise Stirrett	HALT	2019-03-30
F	55-59	BACK	50	00:38.36	Linda Hunt	HMSC	2009-03-07
F	55-59	BACK	100	01:22.23	Linda Hunt	HMSC	2009-03-07
F	55-59	BACK	200	03:04.00	Linda Hunt	HMSC	2009-03-07
F	55-59	BREAST	50	44.82	Linda Hunt	HMSC	2010-02-20
F	55-59	BREAST	100	01:43.67	Linda Hunt	HMSC	2011-02-19
F	55-59	BREAST	200	03:56.37	Linda Hunt	HMSC	2012-02-18
F	55-59	FLY	50	42.05	Linda Hunt	HMSC	2010-02-20
F	55-59	FLY	100	01:44.97	Linda Hunt	HMSC	2010-02-20
F	55-59	FLY	200	03:47.12	Linda Hunt	HMSC	2011-02-19
F	55-59	IM	100	00:00.00			
F	55-59	IM	200	03:08.32	Elaine Mattatall	DWMS	2014-08-06
F	55-59	IM	400	06:46.84	Elaine Mattatall	DWMS	2014-08-05
F	60-64	FREE	50	00:34.25	Linda Hunt	HALT	2014-06-07
F	60-64	FREE	100	01:15.54	Linda Hunt	HALT	2014-06-07
F	60-64	FREE	200	02:48.51	Linda Hunt	HALT	2014-06-07
F	60-64	FREE	400	05:54.91	Linda Hunt	HALT	2015-02-21
F	60-64	FREE	800	12:01.90	Linda Hunt	HALT	2015-02-21
F	60-64	FREE	1500	23:30.48	Linda Hunt	HALT	2017-03-25
F	60-64	BACK	50	00:38.40	Linda Hunt	HALT	2014-02-22
F	60-64	BACK	100	01:24.16	Linda Hunt	HALT	2014-02-22
F	60-64	BACK	200	03:00.82	Linda Hunt	HALT	2014-02-22
F	60-64	BREAST	50	00:46.75	Linda Hunt	HALT	2015-02-21
F	60-64	BREAST	100	01:43.82	Linda Hunt	HALT	2014-06-07
F	60-64	BREAST	200	03:47.32	Linda Hunt	HALT	2016-03-05
F	60-64	FLY	50	00:39.02	Linda Hunt	HALT	2014-06-07
F	60-64	FLY	100	01:40.25	Linda Hunt	HALT	2015-02-21
F	60-64	FLY	200	03:59.39	Linda Hunt	HALT	2017-03-25
F	60-64	IM	100	00:00.00			
F	60-64	IM	200	03:07.03	Linda Hunt	HALT	2014-08-06
F	60-64	IM	400	06:57.52	Linda Hunt	HALT	2016-03-05
F	65-69	FREE	50	00:38.33	MaryLou Donnelly	CGCSA	2024-03-09
F	65-69	FREE	100	01:26.08	MaryLou Donnelly	CGCSA	2024-03-09

F	65-69	FREE	200	02:56.38	Linda Hunt	HALT	2019-03-30
F	65-69	FREE	400	06:58.53	Ewa Gawlik	HCGC	2014-08-09
F	65-69	FREE	800	18:49.12	Linda Benn	UNMNS	2019-03-30
F	65-69	FREE	1500	00:00.00			
F	65-69	BACK	50	00:40.13	Linda Hunt	HALT	2019-03-30
F	65-69	BACK	100	01:28.42	Linda Hunt	HALT	2019-08-17
F	65-69	BACK	200	03:12.13	Linda Hunt	HALT	2019-03-30
F	65-69	BREAST	50	00:50.90	MaryLou Donnelly	CGCSA	2024-03-09
F	65-69	BREAST	100	01:52.27	MaryLou Donnelly	CGCSA	2024-03-09
F	65-69	BREAST	200	00:00.00			
F	65-69	FLY	50	40.78	Linda Hunt	HALT	2019-08-14
F	65-69	FLY	100	01:46.19	Ewa Gawlik	HCGC	2014-08-06
F	65-69	FLY	200	04:02.42	Ewa Gawlik	HCGC	2014-08-08
F	65-69	IM	100	00:00.00			
F	65-69	IM	200	03:19.21	Linda Hunt	HALT	2019-08-15
F	65-69	IM	400	00:00.00			
F	70-74	FREE	50	00:43.56	Ewa Gawlik	CGCSA	2019-03-30
F	70-74	FREE	100	00:00.00			
F	70-74	FREE	200	03:30.97	Ewa Gawlik	HCGC	2017-03-25
F	70-74	FREE	400	00:00.00			
F	70-74	FREE	800	14:33.78	Ewa Gawlik	HCGC	2017-08-29
F	70-74	FREE	1500	00:00.00			
F	70-74	BACK	50	00:55.73	Ewa Gawlik	CGCSA	2019-03-30
F	70-74	BACK	100	02:08.35	Ewa Gawlik	CGCSA	2019-03-30
F	70-74	BACK	200	00:00.00			
F	70-74	BREAST	50	01:04.20	Ewa Gawlik	HCGC	2017-03-25
F	70-74	BREAST	100	02:21.20	Ewa Gawlik	CGCSA	2019-03-30
F	70-74	BREAST	200	00:00.00			
F	70-74	FLY	50	26:24.00	Ewa Gawlik	HCGC	2017-08-29
F	70-74	FLY	100	01:51.80	Ewa Gawlik	HCGC	2017-08-29
F	70-74	FLY	200	04:03.47	Ewa Gawlik	HCGC	2017-08-29
F	70-74	IM	100	00:00.00			
F	70-74	IM	200	03:56.07	Ewa Gawlik	HCGC	2017-08-29
F	70-74	IM	400	00:00.00			
F	75-79	IM	200	4:13.82	Ewa Gawlik	UNMNS	2023-03-18
F	120-159	MEDLEY RELAY	200	02:45.47	Jeanne Tremblay, Amber Cragg, Kaylee Hansen, Naomi Tress	CGD	2013-03-23
F	200-239	FREE RELAY	200	02:15.10	Linda Hunt, Lisa Daniel, Robin MacKay, Jennifer Tummonds	HMSC	2010-02-20
F	200-239	FREE RELAY	800	11:16.91	Linda Hunt, Robin MacKay, Lisa Daniel, Jennifer Tummonds	HMSC	2010-02-20
M	18-24	FREE	50	00:25.69	Justin Aalders	UNATT	2014-06-07
M	18-24	FREE	100	00:59.37	Justin Aalders	UNATT	2014-02-22
M	18-24	FREE	200	02:20.95	Jacob Miess	HALT	2024-03-09
M	18-24	FREE	400	05:00.05	Jacob Miess	HALT	2024-03-09
M	18-24	FREE	800	12:11.18	Dean Eaton	STFX	2017-03-25
M	18-24	FREE	1500	28:22.07	Matthew Waters	CFAST	2012-02-18
M	18-24	BACK	50	00:33.54	Jacob Beaulieu	HCGC	2016-03-05
M	18-24	BACK	100	01:15.16	Jacob Beaulieu	HCGC	2016-03-05
M	18-24	BACK	200	2:36.03	Landon Wamica	DALM	2018-03-03
M	18-24	BREAST	50	38.39	Seth Burrill	Pictou	2010-02-20
M	18-24	BREAST	100	01:24.05	Ben Gallagher	HMSC	2006-02-25
M	18-24	BREAST	200	03:19.62	Mohamed Osman	HALT	2024-03-09
M	18-24	FLY	50	00:28.27	Justin Aalders	UNATT	2014-02-22
M	18-24	FLY	100	01:09.35	Derek Sonnichsen	DALM	2015-02-21
M	18-24	FLY	200	00:00.00			
M	18-24	IM	100	00:00.00			

M	18-24	IM	200	02:31.54	Derek Sonnichsen	DALM	2015-02-21
M	18-24	IM	400	00:00.00			
M	25-29	FREE	50	00:25.01	Aaron Maszko	HMSC	2006-02-25
M	25-29	FREE	100	00:56.45	Aaron Maszko	DALM	2006-02-25
M	25-29	FREE	200	02:18.19	Kyle Avery*	HALT	2014-08-10
M	25-29	FREE	200	02:18.19	Ross Brown*	HALT	2019-03-30
M	25-29	FREE	400	04:53.88	Ross Brown	HALT	2019-03-30
M	25-29	FREE	800	11:12.77	Scott Day	HALT	2015-02-21
M	25-29	FREE	1500	24:03.43	Kyle Avery	HALT	2013-03-23
M	25-29	BACK	50	00:29.95	Aaron Maszko	DALM	2009-03-07
M	25-29	BACK	100	01:10.47	Andy White	DALM	2007-02-17
M	25-29	BACK	200	03:27.63	Ryan Kemp	SACK	2014-02-22
M	25-29	BREAST	50	00:34.32	Aaron Maszko	DALM	2009-03-07
M	25-29	BREAST	100	01:13.62	Andy White	DALM	2007-02-17
M	25-29	BREAST	200	02:26.89	Ian Jackson	DAL	2000-07-31
M	25-29	FLY	50	00:27.47	Aaron Maszko	DALM	2009-03-07
M	25-29	FLY	100	01:10.87	Ross Brown	HALT	2019-03-30
M	25-29	FLY	200	02:45.69	Ross Brown	HALT	2019-03-30
M	25-29	IM	100	00:00.00			
M	25-29	IM	200	02:36.52	Ross Brown	HALT	2019-03-30
M	25-29	IM	400	00:00.00			
M	30-34	FREE	50	00:26.08	Kostya Kharitonov	HALT	2017-03-25
M	30-34	FREE	100	00:57.44	Kostya Kharitonov	HALT	2017-03-25
M	30-34	FREE	200	02:21.43	Mike Maguire	DWMS	2014-08-05
M	30-34	FREE	400	05:04.67	Mike Maguire	DWMS	2014-08-09
M	30-34	FREE	800	10:44.67	Mike Maguire	DWMS	2014-08-03
M	30-34	FREE	1500	21:36.08	Kyle Avery	HALT	2018-03-03
M	30-34	BACK	50	00:34.06	Craig Durling	HMSC	2007-02-17
M	30-34	BACK	100	01:12.44	Kostya Kharitonov	HALT	2017-03-25
M	30-34	BACK	200	02:46.85	Mike Maguire	DWMS	2014-08-04
M	30-34	BREAST	50	00:35.22	Mike Ritcey	DALM	2007-02-17
M	30-34	BREAST	100	01:15.01	Mike Ritcey	DALM	2007-02-17
M	30-34	BREAST	200	02:49.38	Mike Ritcey	DALM	2007-02-17
M	30-34	FLY	50	00:28.00	Duane Flowers	HMSC	2005-03-12
M	30-34	FLY	100	01:26.13	John Bernardi	CFAST	2014-02-22
M	30-34	FLY	200	03:26.29	John Bernardi	CFAST	2015-02-21
M	30-34	IM	100	00:00.00			
M	30-34	IM	200	02:40.31	Mike Ritcey	DALM	2007-02-17
M	30-34	IM	400	06:24.41	Mike Maguire	DWMS	2011-02-19
M	35-39	FREE	50	00:26.77	Mike Murray	HALT	2014-08-06
M	35-39	FREE	100	01:01.12	Duane Flowers	HMSC	2006-02-25
M	35-39	FREE	200	02:14.69	Mike Murray	HALT	2014-08-05
M	35-39	FREE	400	04:57.85	Duane Flowers	HMSC	2006-02-25
M	35-39	FREE	800	11:09.21	Scott Day	HALT	2024-03-09
M	35-39	FREE	1500	19:54.03	Duane Flowers	HMSC	2009-03-07
M	35-39	BACK	50	00:34.28	Mike Murray	HALT	2014-08-09
M	35-39	BACK	100	01:11.86	Mike Murray	HALT	2014-08-08
M	35-39	BACK	200	02:32.31	Mike Murray	HALT	2014-08-04
M	35-39	BREAST	50	00:34.31	Andrew White	WTSC	2017-03-25
M	35-39	BREAST	100	01:18.14	Andrew White	WTSC	2017-03-25
M	35-39	BREAST	200	03:00.59	Andrew White	WTSC	2017-03-25
M	35-39	FLY	50	00:29.46	Andrew White	WTSC	2017-03-25
M	35-39	FLY	100	01:06.57	Duane Flowers	HMSC	2006-02-25
M	35-39	FLY	200	03:22.91	Ken Kam	HMSC	2009-03-07
M	35-39	IM	100	00:00.00			
M	35-39	IM	200	02:33.99	Mike Murray	HALT	2014-08-06

M	35-39	IM	400	05:55.81	Duane Flowers	HMSC	2008-03-08
M	40-44	FREE	50	00:27.06	Michael Murray	HALT	2016-03-05
M	40-44	FREE	100	00:59.90	Jason Krupp	HALT	2014-08-04
M	40-44	FREE	200	02:14.17	Jason Krupp	HALT	2014-08-05
M	40-44	FREE	400	04:49.16	Jason Krupp	HALT	2014-08-09
M	40-44	FREE	800	10:44.95	Ian Sutherland	HALT	2017-08-14
M	40-44	FREE	1500	20:25.37	Michael Murray	HALT	2016-03-05
M	40-44	BACK	50	00:33.60	Michael Murray	HALT	2016-03-05
M	40-44	BACK	100	01:16.01	Michael Murray	HALT	2016-03-05
M	40-44	BACK	200	02:37.37	Michael Murray	HALT	2016-03-05
M	40-44	BREAST	50	00:36.37	Ian Jackson	DALM	2014-02-22
M	40-44	BREAST	100	01:18.25	Gordon Brost	DWMS	2013-03-23
M	40-44	BREAST	200	03:00.01	Ian Sutherland	HALT	2017-08-19
M	40-44	FLY	50	00:27.06	Josh Ballem	HALT	2017-03-25
M	40-44	FLY	100	01:04.35	Jason Krupp	HALT	2014-08-06
M	40-44	FLY	200	03:02.47	Carl Ballard	TRU	2013-03-23
M	40-44	IM	100	00:00.00			
M	40-44	IM	200	2:34.59	Michael Murray	HALT	2017-03-25
M	40-44	IM	400	06:00.79	Jason Krupp	HALT	2014-06-07
M	45-49	FREE	50	00:27.60	Wade James	HMSC	2008-03-08
M	45-49	FREE	100	01:06.07	Jason Krupp	HALT	2015-02-21
M	45-49	FREE	200	02:19.99	Jason Krupp	HALT	2015-02-21
M	45-49	FREE	400	05:09.80	Jason Krupp	HALT	2015-02-21
M	45-49	FREE	800	10:28.55	Jason Krupp	HALT	2015-02-21
M	45-49	FREE	1500	20:27.53	Wade James	HMSC	2012-02-18
M	45-49	BACK	50	00:35.08	Jason Krupp	HALT	2015-02-21
M	45-49	BACK	100	1:20.31	Gordon Brost	DWMS	2016-03-05
M	45-49	BACK	200	02:53.45	Gordon Brost	DWMS	2016-03-05
M	45-49	BREAST	50	00:35.93	Wade James	HMSC	2008-03-08
M	45-49	BREAST	100	01:20.74	Wade James	HMSC	2012-02-18
M	45-49	BREAST	200	3:05.76	Ian Sutherland	HALT	2018-03-03
M	45-49	FLY	50	00:29.87	Wade James	HMSC	2008-03-08
M	45-49	FLY	100	01:15.02	Carl Ballard	TRU	2014-02-22
M	45-49	FLY	200	03:28.94	Ken Kam	HALT	2017-03-25
M	45-49	IM	100	00:00.00			
M	45-49	IM	200	2:51.44	Ian Sutherland	HALT	2018-03-03
M	45-49	IM	400	06:09.84	Ian Sutherland	UNMNS	2019-03-30
M	50-54	FREE	50	30.64	Ian Dawson	SACK	2018-03-03
M	50-54	FREE	100	1:10.18	Ian Dawson	SACK	2018-03-03
M	50-54	FREE	200	02:30.30	Sandor Mathe	HMSC	2010-02-20
M	50-54	FREE	400	05:21.03	Sandor Mathe	HMSC	2010-02-20
M	50-54	FREE	800	11:51.31	Patrick Somers	DALM	2014-08-03
M	50-54	FREE	1500	21:13.09	Sandor Mathe	HMSC	2012-02-18
M	50-54	BACK	50	37.04	Richard Isnor	UNATT	2018-03-03
M	50-54	BACK	100	1:18.72	Richard Isnor	UNATT	2018-03-03
M	50-54	BACK	200	2:48.33	Richard Isnor	UNATT	2018-03-03
M	50-54	BREAST	50	00:38.88	David Margolian	WNMS	2013-03-23
M	50-54	BREAST	100	01:21.87	Wade James	HALT	2013-03-23
M	50-54	BREAST	200	02:58.00	Wade James	HALT	2013-03-23
M	50-54	FLY	50	31.77	Ian Dawson	SACK	2018-03-03
M	50-54	FLY	100	01:12.08	Wade James	HALT	2013-03-23
M	50-54	FLY	200	3:07.98	Sandor Mathe	HMSC	2012-02-18
M	50-54	IM	100	00:00.00			
M	50-54	IM	200	02:59.34	Tim Houtsma	UNMNS	2024-03-09
M	50-54	IM	400	6:27.64	Sandor Mathe	HMSC	2012-02-18
M	55-59	FREE	50	00:30.32	Dan Walmsley	Unatt	2007-02-17

M	55-59	FREE	100	01:08.94	Chuck Bezanson	HALT	2017-03-25
M	55-59	FREE	200	02:32.32	Chuck Bezanson	HALT	2019-08-14
M	55-59	FREE	400	05:16.29	Chuck Bezanson	HALT	2017-03-25
M	55-59	FREE	800	11:05.00	Chuck Bezanson	HALT	2019-03-30
M	55-59	FREE	1500	22:09.24	John Whalen	HMSC	2005-03-12
M	55-59	BACK	50	00:34.77	Dan Walmsley	Unatt	2007-02-17
M	55-59	BACK	100	01:23.23	Sandy Hines	DWMS	2014-08-07
M	55-59	BACK	200	03:18.03	Freeman Churchill	HMSC	2010-02-20
M	55-59	BREAST	50	00:40.47	Terry Day	HMSC	2005-03-12
M	55-59	BREAST	100	01:26.59	Mike Brown	TRU	2011-02-19
M	55-59	BREAST	200	03:24.45	John Farley	DALM	1994-07-09
M	55-59	FLY	50	00:33.87	Sandy Hines	DWMS	2014-08-05
M	55-59	FLY	100	01:22.55	Mike Brown	TRU	2011-02-19
M	55-59	FLY	200	03:16.61	Mike Brown	TRU	2011-02-19
M	55-59	IM	100	00:00.00			
M	55-59	IM	200	02:50.46	Chuck Bezanson	HALT	2019-08-15
M	55-59	IM	400	07:18.00	John Farley	DALM	1993-06-17
M	60-64	FREE	50	00:29.74	Danny Walmsley	Shearwater	2009-03-07
M	60-64	FREE	100	01:09.97	Danny Walmsley	Shearwater	2009-03-07
M	60-64	FREE	200	02:21.90	Richard Lane	HMSC	2012-02-18
M	60-64	FREE	400	5:25.36	Chuck Bezanson	HALT	2024-03-09
M	60-64	FREE	800	11:21.87	Chuck Bezanson	HALT	2024-03-09
M	60-64	FREE	1500	22:00.65	Chuck Bezanson	HALT	2023-03-18
M	60-64	BACK	50	00:35.23	Dan Walmsley	Shearwater	2008-03-08
M	60-64	BACK	100	01:17.07	Dan Walmsley* (Nat'l)	Shearwater	2008-03-08
M	60-64	BACK	200	02:51.36	Dan Walmsley* (Nat'l)	Shearwater	2008-03-08
M	60-64	BREAST	50	37.27	Peter Poulos	CBCC	2018-03-03
M	60-64	BREAST	100	1:25.65	Peter Poulos	CBCC	2018-03-03
M	60-64	BREAST	200	3:12.15	Peter Poulos	CBCC	2018-03-03
M	60-64	FLY	50	00:34.00	Nigel Kemp	HMSC	2004-05-21
M	60-64	FLY	100	01:25.10	Nigel Kemp	HMSC	2004-03-21
M	60-64	FLY	200	03:32.56	Nigel Kemp	HMSC	2005-03-12
M	60-64	IM	100	00:00.00			
M	60-64	IM	200	3:00.22	Chuck Bezanson	HALT	2023-03-18
M	60-64	IM	400	06:45.18	Freeman Churchill	HMSC	2014-08-05
M	65-69	FREE	50	00:30.89	Danny Walmsley	UNATT	2014-02-22
M	65-69	FREE	100	01:12.95	Danny Walmsley	UNATT	2014-02-22
M	65-69	FREE	200	02:43.52	Peter Poulos	UNMNS	2024-03-09
M	65-69	FREE	400	05:46.91	Peter Poulos	UNMNS	2024-03-09
M	65-69	FREE	800	11:59.72	John Whalen	HALT	2014-08-03
M	65-69	FREE	1500	23:17.84	Nigel Kemp	HMSC	2009-03-07
M	65-69	BACK	50	00:36.05	Danny Walmsley	Unatt	2014-06-07
M	65-69	BACK	100	01:19.98	Danny Walmsley	Unatt	2014-06-07
M	65-69	BACK	200	02:50.79	Danny Walmsley	Unatt	2014-06-07
M	65-69	BREAST	50	00:43.01	Mike Desy	HALT	2014-02-22
M	65-69	BREAST	100	01:20.10	Danny Walmsley	Unatt	2013-03-23
M	65-69	BREAST	200	03:17.80	Peter Poulos	UNMNS	2024-03-09
M	65-69	FLY	50	00:36.41	Freeman Churchill	HALT	2019-03-30
M	65-69	FLY	100	01:44.77	Nigel Kemp	HMSC	2011-02-19
M	65-69	FLY	200	04:04.89	Nigel Kemp	HALT	2013-03-23
M	65-69	IM	100	00:00.00			
M	65-69	IM	200	3:15.69	Freeman Churchill	HALT	2018-03-03
M	65-69	IM	400	07:10.46	Freeman Churchill	HALT	2019-03-30
M	70-74	FREE	50	35.62	Freeman Churchill	HALT	2023-03-18
M	70-74	FREE	100	01:19.91	Nigel Kemp	HALT	2014-08-04
M	70-74	FREE	200	2:43.24	Rob Ferguson	HALT	2023-03-18

M	70-74	FREE	400	06:13.05	Freeman Churchill	HALT	2024-03-09
M	70-74	FREE	800	13:28.68	Nigel Kemp	HALT	2014-08-03
M	70-74	FREE	1500	26:26.19	Nigel Kemp	HALT	2015-02-21
M	70-74	BACK	50	00:45.02	Nigel Kemp	HALT	2015-02-21
M	70-74	BACK	100	01:42.42	Nigel Kemp	HALT	2015-02-21
M	70-74	BACK	200	3:29.14	Freeman Churchill	HALT	2023-03-18
M	70-74	BREAST	50	00:47.23	Klaus Wuerr	Unatt	2014-06-07
M	70-74	BREAST	100	01:49.68	John Farley	Veligers	2008-03-08
M	70-74	BREAST	200	04:07.60	John Farley	Veligers	2006-02-25
M	70-74	FLY	50	00:39.80	Nigel Kemp	HALT	2014-08-05
M	70-74	FLY	100	01:56.81	Nigel Kemp	HALT	2015-02-21
M	70-74	FLY	200	04:02.87	Nigel Kemp	HALT	2016-03-05
M	70-74	IM	100	00:00.00			
M	70-74	IM	200	03:28.9	Freeman Churchill	HALT	2024-03-09
M	70-74	IM	400	08:04.49	Nigel Kemp	HALT	2014-02-22
M	75-79	FREE	50	00:38.87	Christopher Hopgood	HALT	2024-03-09
M	75-79	FREE	100	01:40.15	Nigel Kemp	HALT	2019-03-30
M	75-79	FREE	200	03:29.09	Nigel Kemp	HALT	2019-03-30
M	75-79	FREE	400	06:44.68	Christopher Hopgood	HALT	2024-03-09
M	75-79	FREE	800	14:23.94	Nigel Kemp	HALT	2019-02-30
M	75-79	FREE	1500	27:14.94	Nigel Kemp	HALT	2019-03-30
M	75-79	BACK	50	57.07	Ralph Davis	HALT	2018-03-03
M	75-79	BACK	100	01:56.86	Nigel Kemp	HALT	2019-03-30
M	75-79	BACK	200	04:55.95	Peter Grant	TRU	2014-06-07
M	75-79	BREAST	50	00:55.70	John Farley	HMSC	2011-02-19
M	75-79	BREAST	100	02:18.26	John Farley	UNATT	2013-03-23
M	75-79	BREAST	200	06:00.13	Ralph Davis	HALT	2019-03-30
M	75-79	FLY	50	01:04.15	John Farley	UNATT	2013-03-23
M	75-79	FLY	100	00:00.00			
M	75-79	FLY	200	04:19.32	Nigel Kemp	HALT	2019-03-30
M	75-79	IM	100	00:00.00			
M	75-79	IM	200	04:24.24	John Farley	HMSC	2011-02-19
M	75-79	IM	400	09:39.90	Ralph Davis	UNATT	2016-03-05
M	80-84	FREE	50	00:42.72	Nigel Kemp	HALT	2024-03-09
M	80-84	FREE	100	01:55.66	Nigel Kemp	HALT	2024-03-09
M	80-84	FREE	200	04:00.49	Nigel Kemp	HALT	2024-03-09
M	80-84	FREE	400	08:16.74	Nigel Kemp	HALT	2024-03-09
M	80-84	FREE	800	16:52.43	Nigel Kemp	HALT	2024-03-09
M	80-84	FREE	1500	35:32.95	Peter Grant	TRU	2016-03-05
M	80-84	BACK	50	00:59.93	Nigel Kemp	HALT	2024-03-09
M	80-84	BACK	100	02:08.40	Nigel Kemp	HALT	2024-03-09
M	80-84	BACK	200	5:24.87	Peter Grant	TRU	2018-03-03
M	80-84	BREAST	50	01:08.01	Peter Grant	TRU	2017-03-25
M	80-84	BREAST	100	2:40.19	Peter Grant	TRU	2018-03-03
M	80-84	BREAST	200	00:00.00			
M	80-84	FLY	50	00:54.99	Nigel Kemp	HALT	2024-03-09
M	80-84	FLY	100	00:00.00			
M	80-84	FLY	200	00:00.00			
M	80-84	IM	100	00:00.00			
M	80-84	IM	200	00:00.00			
M	80-84	IM	400	11:54.20	Peter Grant	TRU	2019-03-30
M	85-89	FREE	50				
M	85-89	FREE	100				
M	85-89	FREE	200				
M	85-89	FREE	400				
M	85-89	FREE	800	25:11.45	Peter Grant	TRU	2023-03-18

M	85-89	FREE	1500				
M	85-89	BACK	50				
M	85-89	BACK	100				
M	85-89	BACK	200				
M	85-89	BREAST	50				
M	85-89	BREAST	100	3:26.46	Peter Grant	TRU	2023-03-18
M	85-89	BREAST	200				
M	120-159	MEDLEY RELAY	200	02:26.40	Gordon Brost, Jody Crowther, Mike	DWMS	2012-02-18
M	160-199	MEDLEY RELAY	200	02:30.55	Steve Devitt, Norm LeBlanc, Chris	DWMS	2014-08-07
M	120-159	FREE RELAY	200	02:20.70	Michael Sears, Christopher Mercer,	DWMS	2012-02-18
M	160-199	FREE RELAY	200	02:01.18	Sandy Hines, Chris Mercer, Mike Maguire,	DWMS	2014-08-07
M	240-279	FREE RELAY	200	02:15.15	Freeman Churchill, Nigel Kemp, Rob Ferguson,	HMSC	2010-02-20
M	160-199	FREE RELAY	800	10:40.12	Sandor Mathe, Kyle Avery, Ken Kam, Ken	HMSC	2010-02-20
M	240-279	FREE RELAY	800	10:38.43	Richard Lane, Nigel Kemp, Freeman Churchill,	HMSC	2012-02-18