

2023 Swim Nova Scotia Summer Swimming Provincial Awards Summary

All Star Team

10 & Under	Eleanor Quinney	Sam Nunez
	Grace Ferguson	Augustino Efon Asua
	Karina Goralski	Micheal MacLean
	Emry Maxwell	Cooper Publicover
	Hannah Poole	Geroge Lum

11 – 12	Ella Goralski	Peter Ford
	Johanna Lobban	Hoon Jung
	Emma Martin	Kieran Lee-Cohen
	Isla Eddy	Nathan MacLennan
	Emma McDougal	Landon Sutton

13 – 14	Rose Efon Asua	Alfred Lai
	Celeste Baikie	Jack Quinton
	Heidi Nuyens	Ethan Lipsett
	Luella Allen	Evan Yang
	Racheal MacPhail	Alex Wang

15 – 16	Gillian Abreil	Jesse Bouwman
	Kacey Kaulback	Drake Frederiksen
	Senali Jayawarna	Peter Dietz
	Paige Gladwin	Luke Jillings

17 – 18	Emily Levy	Eli Pickup
	Kate Beazley	Theo Houtsma
	Madison Sponagle	Jevon Gaudett
	Katherine Weissent	Gavin Barton

Spirit of Swimming:

Emily Fraser, Colby Sailfish

Renée (Gallant) MacIntyre Memorial (Assistant Coach of the Year):

Daniel Sutherland, Bedford Beavers

Coach of the Year:

Madi Slack, Bedford Beavers

Maria MacLean-Guy, St Margarets Bay Breakers

High Point Female:

Eleanor Quinney, Lunenburg Mariners
Emily Levy, St. Margarets Bay Breakers
Rose Efon Asua, Cole Harbour Hurricanes
Gillian Abriel, Bedford Beavers

High Point Male:

Eli Pickup, Bedford Beavers
Jesse Bouwman, St Margarets Bay Breakers
Sam Nunez, St Margarets Bay Breakers
Alfred Lai, Canada Games Centre Swim Academy
Peter Ford, Bedford Beavers

Age Group Winners:

Large Team-

10 & Under: Waeg Waves
11-12: Bedford Beavers
13-14: Canada Games Centre
15-16: Bedford Beavers
17-18: Bedford Beavers

Medium Team-

10 & Under: East Hants Stingrays
11-12: East Hants Stingrays
13-14: Cole Harbour Hurricanes
15-16: Bridgewater Barracudas
17-18: Bridgewater Barracudas

Small Team-

10 & U: Lunenburg Mariners
11-12: Lunenburg Mariners
13-14: N/A
15-16: Milton Dambusters
17-18: N/A

Most Improved Team: East Hants Stingrays

High Point Large Team: Bedford Beavers

High Point Medium Team: Bridgewater Barracudas

High Point Small Team: Lunenburg Mariners