



Summer Provincial Championships
Waegwoltic Club, Halifax, NS
August 18-20, 2023

Host:

Swim Nova Scotia & Waeg Waves

Location:

Waegwoltic Club
6549 Coburg Road, Halifax, NS, B3H 2A6

Technical Meet Manager:

Bette El-Hawary – (902) 425-5454 ext. 314
swimming@sportnovascotia.ca

Head Official:

Kelley Polley- kelley@polycorp.co

Sanctioned By:

Swim Nova Scotia

Facilities:

6 lane, 25 metre salt water heated pool.

Facility Rules:

Changing rooms are provided in the waterfront boat house located adjacent to the Lido and sand beach area. Please note that the changing facilities located under the pool are restricted to persons twenty-one years of age and older.

The Bloomingdale Pool, below the Multi-Purpose Centre, is restricted to Waegwoltic Club members only. The Lido, the large pool on the waterfront, will be open to swimmers and their families.

The Waegwoltic Club is a non-smoking facility. Pets are not permitted on the Waegwoltic property.

Parking:

Parking at the Waegwoltic Club is restricted to members only. There is parking available on adjacent streets, however, both Birchdale and Thorndale are private roads and parking is NOT permitted. Please observe the parking restrictions and be respectful of local residents.

Entry Fees:

\$20 for Age Group Swimmers / \$12 for Participation Swimmers, entry fees are payable to Swim Nova Scotia and must be **delivered/mailed to Swim NS within 24hrs following the entry**

deadline. E-transfers will be accepted:

swimming@sportnovascotia.ca (use password 'swimming')

Entries:

Deadline for Provincial entries is **Tuesday, August 15th, 2023 @ NOON.**

Entries must be e-mailed to summerswim@sportnovascotia.ca. Entries must be submitted in hytek format, if your club does not own hytek team manager then please email an excel spreadsheet and include the following: complete swimmer names, genders, date of birth, event #, event, entry time.

Age Group Swimmers may swim in five (5) individual events and two (2) relays.

Participation Swimmers may swim in three (3) individual events.

Officials:

Please submit the list of officials (including their level and preferred position(s)) your club will be providing via e-mail to Kelley: kelley@polycorp.co by **August 15th, 2023.**

Meet Rules:

Current Swimming Canada rules will govern the meet. [The Swimming Canada Warm-Up Safety Procedures will be in effect.](#)

Opening and Closing Ceremonies:

A separate bulletin outlining the details will be circulated.

Eligibility:

Each swimmer must be registered as a summer swimmer with Swim Nova Scotia no later than August 1st, 2023.

For further details, refer to page 4 of this meet package.

- To be eligible for Provincials, a swimmer must have competed in at least one invitational meet prior to **August 14th, 2023.** The results must be published on the Swim Nova Scotia webpage and

included in the rankings for all 11 & over swimmers. 10 & Under swimmers must have meet results published on the Swim Nova Scotia webpage.

- All times being submitted for entry to Provincials must be achieved between June 1st, 2023 – **August 13th**, 2023.
- No time entries will not be accepted for Provincials (except for the 100 IM Participation for swimmers who have the 50 Free qualifying time). Entry times must be published in the Swim Nova Scotia rankings as of the entry deadline.
- PARA swimmers are eligible to compete in the designated PARA events. PARA events will be dependent on the classification of PARA swimmers.

Any club entering an ineligible swimmer will be penalized 50 points and that swimmer will be expelled from the meet. To check eligibility contact Swim Nova Scotia.

No exhibition swimmers or swims during the meet.

Age categories: 10 & Under, 11-12, 13-14, 15 & Over (will be scored 15-16 & 17-18)

Athletes participating only in relays must be entered in the club roster submitted for provincials(There is no minimum number that must qualify for Provincials). This can be accomplished by entering the athlete's name in at least one relay event. At the beginning of each session, relay teams will need to be confirmed.

Relays are available for Age Group level swimmers only.

If a Participation swimmer graduates on Saturday morning, they are eligible to join an age group relay (that is pre-entered in the meet) on Sunday afternoon.

All swimmers must submit official entry times (NT entries are not permitted) for individual events. For relay events please use the following formula if you do not have a relay time in the 13 & over events: take 45% of the 100m time to calculate the 50m time.

All 'A' relays will be seeded ahead of 'B' relays. Only 'A' relays will score.

Age Determination:

The age of the individual as of June 30th at 11:59pm of the current season will determine the age group of the individual. Special requests may be brought forward to Swim Nova Scotia by a club president for consideration.

Awards:

Medals will be awarded for first, second and third place in individual and relay events.

Ribbons will be awarded for 4th-10th place for individual events.

Aggregate Age Group Trophies:

10& Under
11-12
13-14
15-16
17-18

Awarded to small, medium and large teams.

High Point Female/High Point Male

High Point Small Team*

High Point Medium Team*

High Point Large Team*

Most Improved Team – Greatest increase in point percentage over the last year.

Coach of the Year

Assistant Coach of the Year

Spirit of Swimming Award

The All-Star Team – The Summer

Swimming All Star Team will be selected at the completion of Provincials based on the top aggregate scores in each age of the following age group categories: 10 & Under (top 5 of each gender); 11-12 (top 5 of each gender); 13-14 (top 5 of each gender); 15-16 (top 4 of each gender); 17-18 (top 4 of each gender).

**A Small team has 25 swimmers or less registered on their club, a Medium team has 26-50 swimmers registered on their club and a Large team has 51 or more swimmers registered on their club.*

Scoring:

For individual & team awards:

50 – 30 – 20 – 15 – 14 – 13 – 12 – 11 – 9 – 7 places
first through tenth – individual and relay events.

Participation scores 5 points per splash (maximum
of 3 splashes).

Coaches Technical Meeting:

Head coaches will meet at 12:30pm on Friday.

Seating:

There will be no assigned seating at our meet.

Tents will be permitted on our Fairfield Property
(same location as previous years) **starting Friday
evening after 5:00pm**. There will not be assigned
spots for tents. There will be a sound system set up
on this part of the property. Please do not set-up

tents on the volleyball or basketball court located
at the rear of this property. The volleyball and
basketball courts will be open to swimmers and
their families, but please be respectful of club
members who may wish to use the courts.

Food:

There will be a cash BBQ & canteen will be
available throughout the weekend to serve all
swimmers and families.

Merchandise:

Information on advance sales will be available in a
separate bulletin.

Jolyn Aquatic Apparel will be on site on Friday &
Saturday: www.jolyn.ca

2023 Summer Provincials Qualifying Criteria

2023 Summer Swimming Provincial Championships Qualifying Standards								
FEMALE				Event	MALE			
10 & Under	11-12	13-14	15 & Over		15 & Over	13-14	11-12	10 & Under
1:44.92		1:20.89	1:15.90	100 Free	1:12.85	1:19.41		1:44.79
3:58.57	3:29.72	3:01.56	3:03.07	200 Free	2:50.66	3:05.11	3:30.47	3:58.28
	7:56.14	7:03.03	7:01.06	400 Free	6:32.52	7:11.31	7:57.48	
		1:43.96	1:35.52	100 Back	1:28.79	1:43.55		
		1:50.96	1:46.43	100 Breast	1:34.85	1:50.86		
		1:38.65	1:35.14	100 Fly	1:27.24	1:37.68		
2:05.39	2:00.00			100 IM			2:02.00	2:07.64
	4:00.00	3:34.10	3:32.93	200 IM	3:22.82	3:42.22	4:05.81	

To be eligible for Provincials, a swimmer must have competed in at least one invitational meet prior to **August 14th, 2023**. The results must be published on the Swim Nova Scotia webpage and included in the rankings.

All times being submitted for entry to Provincials must be achieved between June 1st, 2023-**August 13th, 2023** (rankings will be published on **August 14th**).

No time entries will not be accepted for Provincials, entry times must be published in the Swim Nova Scotia rankings as of the entry deadline.

PARA swimmers are eligible to compete in the designated PARA events. PARA events will be dependant on the classification of PARA swimmers.

All athletes who fulfill the above criteria are eligible to attend Provincials*, following the event entry eligibility determined as follows:

* Individual club policies will determine which eligible athletes are entered in the meet

PARTICIPATION LEVEL swimmers are eligible to swim any 3 PARTICIPATION LEVEL events. As per regular season rules, Participation Level athletes are eligible to swim the 100 IM if they have met the 50 free graduation standard. If swimmers qualifying for the 100 IM after the 50m Free, they may contact meet management and enter the 100 IM. Participation swimmers may only score points for 3 events. If a swimmer graduates on Saturday and deck enters the 100 IM, they will not score that event (if they have swum 3 events already).

AGE GROUP LEVEL swimmers are eligible to swim AGE GROUP events.

10-and-under AGE GROUP swimmers achieving qualifying times in 100 OR 200 free AND 100 IM are eligible to swim any 5 individual events in their age group.

11-12 AGE GROUP swimmers achieving qualifying times in 200 OR 400 free AND 100 IM OR 200 IM are eligible to swim any 5 individual events in their age group.

13-14 AGE GROUP swimmers achieving qualifying times in 200 OR 400 free OR 200 IM AND any other eligible events to swim any 5 individual events in their age group.

15-and-over AGE GROUP swimmers achieving a qualifying time in ANY event are eligible to swim any 5 individual events in their age group.

AGE GROUP LEVEL swimmers who have not achieved AGE GROUP QUALIFYING STANDARDS are eligible to swim any 2 individual events in their age group.

ALL AGE GROUP LEVEL swimmers are eligible to participate in a maximum of 2 relays in addition to individual events.

RELAYS:

-Athletes participating only in relays must be entered in the club roster submitted for provincials (there is no minimum number that must qualify for Provincials). This can be accomplished by entering the athlete's name in at least one relay event. At the beginning of each session, relay teams will need to be confirmed.

-If a Participation swimmer graduates, they are eligible to join an age group relay (that is pre-entered in the meet).

-Relays are available for Age Group level swimmers only.

-All 'A' relays will be seeded ahead of 'B' relays. Only 'A' relays will score.

-At least two (2) of the four (4) members swim in that age group.

-Swimmers must not move to a younger age group (from which they are entered) to fill up the relay. However, a swimmer may move to an older age group.

- For relay events please use the following formula if you do not have a relay time in the 13 & over events: take 45% of the 100m time to calculate the 50m time.

