



## GOLDEN FLIPPER CHALLENGE



### 2022 -2023 SEASON GOLDEN FLIPPER CHALLENGE

The Swim BC Thompson - Okanagan Region and Swim Nova Scotia have partnered to challenge each other in the 200 Butterfly. The challenge has been designed to develop spirit, story, and a rallying cry to inspire and motivate the swimmers, coaches, and their clubs. The regions will work collaboratively to share and compete in this friendly rivalry.

#### Event

Pool Swimming 200 Butterfly

Para Swimming 50 Butterfly (S1-S7) / 100 Butterfly (S8-S14)

#### Categories

Open, 2005, 2006, 2007, 2008, 2009, 2010, 2011, and Para

#### Swimmers

All registered competitive swimmers who compete in sanctioned competition will be eligible.

#### Scoring

Top 8 swims, absolute, per category.

LCM 20 – 17 – 16 – 15 – 14 – 13 – 12 – 11

SCM 9 – 7 – 6 – 5 – 4 – 3 – 2 – 1

#### Results Posting

The results will be correlated and ranked from all sanctioned competition at the end of each of the following months:

- November 2022
- December 2022
- February 2023
- April 2023
- June 2023
- August 2023

#### Prizes

Prizes and/or incentives may be available through the period of the challenge.