

Lunenburg Mariners Swim Meet **Saturday, July 5, 2008**

The Lunenburg Mariners are holding their swim meet on Saturday, July 5, 2008. This will be a "Template A" meet.

- Location** 12 Knickle Road (Next to High School & Behind Community Centre)
Lunenburg NS
- Directions & Parking** Take Exit 11 at Blockhouse. Drive 10 km to 4-Way Stop at edge of town. Go straight ahead up and down Green St. coming to a Stop sign where Green meets Victoria Road. (1) Turn right and then left at Ty's Car Wash to enter Community Centre parking lot or (2) go straight ahead and turn right opposite Tennis Court to enter Community Centre parking lot or (3) go straight ahead to Stop sign, turn right and right again on Knickle Road. Opposite Wheelhouse entrance, turn right to Exhibition parking lot.
- Facility** Twenty-five metre, 6 lane pool
Washrooms located in the Community Centre behind the pool.
- Canteen** Lunenburg Mariners will operate a canteen. Please support our club.
- Contact** Meet Manager: Brian Jobb 902-634-4432 (h)
902-634-3657 (Pool Fax)
Email: bjobb@eastlink.ca
- Timers** Each team is asked to provide the names of 2 timers for the morning session and 2 names for the afternoon session. Please email these names, stating am or pm preference to whudson@staff.ednet.ns.ca no later than June 30, 2008.
- Start** Warm-ups begin at 7:50 am, with a meet start at 9:00 am. There will be a coaches' meeting and officials' meeting at 8:30 am. There will be no coaches allowed on deck except with the "8 and unders."
- Entries** Confirmation of attendance to be received on or before Monday, June 30, 2008. Please confirm with Brian Jobb, Meet Manager. We will be using Meet Manager software so please provide names and ages of all swimmers to the Lunenburg Pool either by fax (902-634-3657) or email: ldsp@ns.aliantzinc.ca
- Each club may enter all eligible swimmers in each individual event and one team per relay.

Results Points for individual and relay events will be consistent with summer provincial standards. Ribbons will be awarded for 1st, 2nd & 3rd place finishes.

Starts The Canadian Start will be used. All swimmers will remain in the water at the end of their race until the swimmers in the next heat have left the starting blocks. This does not apply to 25m races.

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Template A – Order of Events

Girls	Event	Boys
1	8 & Under 100m Free Relay	2
3	9 - 10 100m Free Relay	4
5	11 -12 200m Free Relay	6
7	13 - 14 200m Free Relay	8
9	15 - 18 200m Free Relay	10
11	8 & Under 25m Freestyle	12
13	9 - 10 25m Freestyle	14
15	11 - 12 50m Freestyle	16
17	13 - 14 100m Freestyle	18
19	15 - 16 100m Freestyle	20
21	17 - 18 100m Freestyle	22
23	8 & Under 25m Backstroke	24
25	9 & 10 25m Backstroke	26
27	11 & 12 50m Backstroke	28
29	13 & 14 50m Backstroke	30
31	15 & 16 100m Backstroke	32
33	17 & 18 100m Backstroke	34
35	9 - 10 100m IM	36
37	11 - 12 100m IM	38
39	13 - 14 100m IM	40
41	15 - 16 100m IM	42
43	17 - 18 100m IM	44

WARM-UP SCHEDULE/Sat. July 5, 2008

7:50 am Lunenburg
Bridgewater
Milton

8:00 am Bedford
St. Margaret's Bay

8:10 am Waeg
Cole Harbour
Abenaki
Banook

8:20 am Colby
Windsor
Middleton
Kentville

8:30 am New Glasgow
Digby
Bridgetown
East Hants