

October 4th, 2007

2009 Canada Games Core Team Standards
SCM

Female		Events	Male	
1992 ↓	1990 ↓		1990 ↓	1992 ↓
28.09	28.09	50 Free	25.33	27.02
1:02.57	1:00.34	100 Free	55.47	57.29
2:12.80	2:10.05	200 Free	2:00.49	2:13.74
4:40.59	4:35.11	400 Free	4:17.15	4:40.96
9:36.48	9:32.26	800 FS	8:59.94	9:35.35
19:16.40	18:02.87	1500 FS	17:16.35	19:14.83
32.71	31.85	50 Back	29.20	32.63
1:09.84	1:07.20	100 Back	1:02.02	1:09.87
2:32.79	2:23.15	200 Back	2:12.84	2:28.92
38.38	35.49	50 Breast	32.65	36.49
1:21.66	1:16.56	100 Breast	1:10.43	1:18.13
2:53.40	2:44.62	200 Breast	2:30.98	2:55.43
30.99	30.29	50 Fly	27.59	28.94
1:11.49	1:06.89	100 Fly	59.59	1:04.81
2:40.16	2:28.64	200 Fly	2:14.42	2:29.20
2:34.49	2:29.57	200 IM	2:16.83	2:26.76
5:32.40	5:15.70	400 IM	4:50.34	5:20.79

8th place, 2 per province plus 5%